

Café menu served until 5pm (Evening menu starts at 6pm)

Breakfast (Served until 11.30am - 7 days per week)

Vanilla pancakes with cinnamon & orange spiced seasonal berry compote	5.5
Warming bowl of porridge with seasonal berry compote	5.5
Granola with honey & Greek style natural yoghurt	5.5
Freshly baked croissants with homemade seasonal jam & local butter	4
Free range Hampshire poached eggs on a toasted muffin with hollandaise sauce & either: Spinach with grilled Portobello mushrooms (our version of eggs Florentine) or smoked salmon (eggs Royale) or ham (eggs Benedict)	7.25
Veggie surf's up: grilled full English breakfast - two free range eggs, veggie sausages, beans, mushrooms, tomato & toast (v)	6.95
Surf's up: grilled full English breakfast - two free range eggs, pork & leek sausage, two rashers of smoked rindless bacon, beans, mushrooms, black pudding, tomato & toast	7.5

Appetiser - Tasty treats for one or two to share!

Chunky Maris Piper chips	4
Mixed olives & caperberries with parsley oil (v)	4.5
Kay's homemade bread with a Modena balsamic reduction & parsley oil (v)	4.5
Freshly prepared soup of the day with Kay's homemade bread	5
Lightly spiced Kedgeree style sustainable fish cakes with hard boiled egg, sweet chilli & mango dressing & seasonal salad garnish	7

Sandwiches

Served on white or granary toasted bread with Tyrrells crisps & seasonal salad garnish	
Oven roasted peppers, tomatoes, onions & courgettes with warm halloumi & basil pesto (v)	7
Spanish style chicken with chorizo, tomato & basil tapenade	7.5
Hampshire rump steak with caramelised red onion, mustard & tarragon mayo & wild rocket	9
Italian style baked ciabatta with cherry tomatoes, mozzarella, basil & pesto (v)	6.5

A smidgen more

Cornish mussels steamed in garlic & white wine, finished with a parsley cream sauce & a chunk of Kay's homemade bread	9
Cajun spiced chicken caesar salad with gem lettuce, anchovies, poached free range egg & parmesan crisps (without chicken & anchovies 8 (v))	12



If you have any feedback or comments please speak with any member of the team, or scan the QR code with your mobile to fill in our online survey, or email me the owner via mark@urbanreef.com & I'd love to hear from you x

More...

Hampshire beef burger with smoked bacon, topped with Haystack cheddar cheese, caramelised red onion & a mustard & tarragon mayo. Served with chunky Maris Piper chips & seasonal salad garnish	10.5
Nachos with guacamole, soured cream, tomato relish & jalapenos & topped with Haystack cheddar cheese (v) (add chilli con carne 9)	7
Pan roasted pumpkin & toasted seed salad with ricotta, fresh herb dumplings, frisee, rocket & parmesan & a balsamic & pumpkin vinaigrette	10
Urban Reef's fish and chips -	11
Beer battered Pollack fillet with chunky Maris Piper chips, mushy peas & house tartar sauce	11
Dorset chicken burger with house tartar sauce, chunky Maris Piper chips & seasonal salad garnish	11

Desserts

New Forest ice cream selection served in a honey tuile basket	5
Baked banana & cranberry cheesecake with banana crumb & cranberry compote	6
Dorset apple tart tatin with clotted cream ice cream & an apple & calvados syrup	6
Local cheese board:	8
Isle of Wight blue, Dorset drum cheddar, rosary goat's cheese & West Country brie with herb wafers & a Dorset apple, fig & grape jelly (to share 14)	

Hot drinks

Americano (Espresso lengthened with hot water)	small 2	large 2.5
Cappuccino (Classic frothy coffee)	small 2.3	large 2.7
Latte (Silky smooth milky coffee, our favourite)	small 2.3	large 2.7
Hot Chocolate (Proper hot chocolate, rich and intense)	small 2.3	large 2.7
Pot of Clipper Tea (English Breakfast, Earl Grey, Chai, Peppermint, Green or Wild berry)	per person 2	

Juices & smoothies:

Pressed Hill Farm apple juice	2.8	Freshly squeezed orange juice	2.9
Body Beautiful (Strawberries & bananas blended with juice)	3.6	Pash Man (Passion fruit & mango blended with juice)	3.6
Strawberry Burst (Strawberry, lemon & elderflower blended with juice)	3.6	Berry Good (Raspberry & blueberry blended with juice)	3.6

If you have allergies to any foods or you're just not sure about something please ask your server for some advice.



v = vegetarian

To encourage children to try new dishes, learn about different food & fall in love with eating out, we are excited to offer smaller portions of any dish on our café menu at half price. These dishes are available for under twelve's only & are part of our commitment to good food for little people.